



# Integration assistance

## Support for people with disabilities

### What is integration assistance?

The idea behind integration assistance is that people with disabilities should not just receive care, but should live just as good, independent lives as people without disabilities. To achieve that, the staff in the integration assistance team closely examine what support a person with a disability needs.

### Who can use the services?

All people who have spent more than six months

- significantly restricted from taking part in community life due to a physical, psychological or mental impairment or a sensory impairment and related barriers, or
- at risk of a significant disability of this kind.

In addition to this, there must be a prospect of the integration assistance services being able to fulfil their task. This means that an impending disability is prevented from occurring, or that a disability or its consequences are eliminated or mitigated and the disabled person with a disability is integrated into society.

### Who can be contacted about integration assistance?

People with disabilities or their families have the opportunity to seek advice from independent advisers. The staff in the integration assistance team offer advice on all topics relating to integration assistance and support, and can put enquirers in touch with specific points of contact such as:

- complementary, independent participation guidance
- existing providers of integration assistance
- consultancy centres
- independent providers
- disability associations
- rehabilitation providers
- self-help groups

### What options are available for integration assistance?

#### Examples for children and young people aged under 18:

- Early childhood development programmes  
When infants and toddlers need help with their physical and mental development; for example, they are not very mobile, have poor eyesight or problems hearing or speaking.
- Inclusive crèches, nurseries and therapeutic education groups  
These forms of support allow children to play and learn together in a single community.

- School assistance  
For example, providers supporting school-based learning.
- Payment of parents' share of school transport costs  
Sometimes, a schoolchild with a disability cannot get to school by public transport, on foot or by bicycle. Then, a transport service is needed. The Schools Office pays the cost of their trip to school, but the parents also have to pay a share. Parents can apply to the Social Security Office to have their share of the cost paid, too.
- Inclusive after-school care, school holiday care and full-day care  
These forms of support allow schoolchildren to play and learn together when school is over in the afternoon (after-school care) or in the holidays.
- Special housing concepts for children and adolescents  
These institutions provide 24-hour housing for children and adolescents with a disability. A case manager is present to provide comprehensive support, care, developmental support and supervision.

#### **Examples for people aged 18 and over:**

- Assistance services
- Parental assistance  
A parent receives assistance, for example if they cannot care for their own child due to paralysis and no other support is available.
- Leisure assistance  
A person with a disability who would like to plan and take part in their own leisure activities independently, but require help doing so, is given an assistant to help them with the planning and, for example, travelling by rail or visiting a museum.
- Tools  
People with disabilities are given, for example, speech recognition software.
- Services teaching practical knowledge and skills  
For example, blind people learn to cook or manage their household on their own.

#### **Personal budget:**

All integration assistance services can also be provided in the form of a personal budget. That means that the recipient is given a sum of money with which they can pay for services themselves. The people in question thus have greater freedom to make decisions and more options for selecting the extent and timing of the support.

## **How do users apply for integration assistance?**

You can apply for integration assistance in writing, by e-mail or in person. No specific form is required. Our specialists in social pedagogy and therapeutic education are happy to provide advice beforehand and help process the applications.

#### **If you would like to write to us, our postal address is:**

Landeshauptstadt Dresden  
Sozialamt  
Abt. Inklusion/Eingliederung  
Sachgebiet Eingliederungsleistungen  
Postfach 12 00 20  
01001 Dresden  
Germany

Phone: +49 (0) 3 51 4 88 49 51  
E-mail: [eingliederungsleistungen@dresden.de](mailto:eingliederungsleistungen@dresden.de)

**If you would like to visit us, our visitors' address is:**

Secretarial office, 2nd floor, Room 208c,  
Glashütter Str. 51  
01309 Dresden  
Germany

Entering the building:

The building is fully accessible and has an elevator. There are also two step-free toilets in this building.

**How to get here:**

- By bus and tram  
Pohlandplatz stop (fully accessible)  
on Trams 4 and 10 or Bus 61
- By bicycle  
Bicycle stands are provided right in front of the building.
- Hired bicycles  
A MOBipunkt for hired bicycles is located at Pohlandplatz.
- By car  
Disabled parking can be found in front of the building.  
Free parking is available on the street.

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Central service number 115 – we love questions

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