

# Psychosocial Counseling

## Psychosozialer Krisendienst

### Our services

- Psychological crisis-counseling for adults who live in Dresden
- We help you to reduce psychological strain, to stabilize and orientate yourself.
- We will give further recommendations for other help and support
- Counseling is been offered by psychologists
- Duration: 5 sessions, a session lasts 60 minutes
- Counseling is free of charge; no insurance-card needed
- Languages: German, English

### What we don't offer

- treatment by physical doctors, diagnostics
- counseling for children under 18 years
- psychodiagnostics, psychotherapy, specific therapy for traumatized people
- medical experts report or psychological assessment (german: „Gutachten“)
- support by social workers or accompaniment to other meetings

### Contact

You can reach us by telephone Monday to Friday from 9 am to 11 am.

Phone: +49 (0) 3 51 4 88 53 41

E-Mail: [gesundheitsamt-psychosozialer-krisendienst@dresden.de](mailto:gesundheitsamt-psychosozialer-krisendienst@dresden.de)

[www.dresden.de/krisendienst](http://www.dresden.de/krisendienst)

Adress:

Ostra-Allee 9 Dresden, second floor  
01067 Dresden

close to „Postplatz“

