

Psychosocial Counseling

Psychosozialer Krisendienst

Our services:

- Psychological crisis-counseling for adults who live in Dresden
- We help you to reduce psychological strain, to stabilize and orientate yourself.
- We will give further recommendations for other help and support
- Counseling is been offered by psychologists
- Duration: 5 sessions, a session lasts 60 minutes
- Counseling is free of charge; no insurance-card needed
- Languages: German, English

What we don't offer:

- treatment by physical doctors, diagnostics
- counseling for children under 18 years
- psychodiagnostics, psychotherapy, specific therapy for traumatized people
- medical experts report or psychological assessment (german: „Gutachten“)
- support by social workers or accompaniment to other meetings

Opening hours/adress:

Monday to Thursday:
8 am to 12 am and 1 pm to 5 pm
Friday: 8 am to 2 pm

You can reach us by telephone Monday to Friday
from 9 am to 11 am.
Phone +49 (0) 3 51 4 88 53 41

E-Mail gesundheitsamt-sozialpsychiatrischer-dienst@dresden.de

www.dresden.de/krisendienst

Adress:
Ostra-Allee 9 Dresden, second floor
01067 Dresden

close to „Postplatz“

